

VEINGOGH POST-TREATMENT INSTRUCTIONS

1. Expect treated areas to be swollen, red and slightly itchy for the first 24-36 hours.
2. Expect treated areas to form dark red micro clots over the veins treated after the initial 24-36 hours. These micro clots are just underneath the first few layers of skin; greater of appearance close to the feet and ankles. It will take 3-6 weeks for them to clear.
3. Use a hydrating lotion on areas treated, 2-3 times a day for the next 2 weeks as needed for the following 4 weeks, especially on any sores.
4. Use Ice packs on painful or swollen areas.
5. Elevate legs to help decrease swelling.
6. Take ibuprofen, naproxen or acetaminophen per package directions for pain, swelling and redness.
7. Wear tights or prescription compression hose if you expect to be on your feet for long periods of time or with persistent swelling/pain.
8. Resume normal medications, diet and activities immediately, but avoid sun exposure by using 40+ SPF sun block on areas treated.
9. No self-tanning lotions, salon spray tans or tanning beds for 7 days after treatment.
10. You may drive after your treatment.

**CALL DR. _____ at _____ IMMEDIATELY IF YOU
EXPERIENCE ANY OF THE FOLLOWING OR GO TO THE EMERGENCY ROOM:**

- Prolonged tenderness, redness or warmth along the treated segment
- Moderate to severe pain, preventing return to normal activities
- Significant bleeding
- Swelling of the entire leg