

**LASER VEIN ABLATION POST-TREATMENT INSTRUCTIONS****MEDICATIONS**

- Take Advil or Motrin, 400 mg, three times a day as needed for pain, for up to two weeks after the procedure is performed.
- Resume all other medication that you were taking prior to procedure unless otherwise specified by your physician.

**ACTIVITY LEVEL**

- Ambulation instructions: 10 minutes an hour per day while awake for the next 5 days.

**WOUND/LEG CARE**

- You may shower as needed on the first postoperative day.
- Do not soak your wounds in a bath tub, hot tub, or swimming pool for 1 week.
- Leave the ACE wraps or compression hose on for the next 24 hours following the procedure. After that wear it daily for two weeks (may remove during night time).
- It is normal to experience some tenderness and possibly bruising along the areas where local anesthesia was administered. Use warm compresses for 5 minutes, five times a day over the tenderness area or as otherwise instructed by your doctor.

**CALL DR. \_\_\_\_\_ at \_\_\_\_\_ IMMEDIATELY IF YOU  
EXPERIENCE ANY OF THE FOLLOWING OR GO TO THE EMERGENCY ROOM:**

- Prolonged tenderness, redness or warmth along the treated segment
- Moderate to severe pain, preventing return to normal activities
- Shortness of breath
- Swelling of the entire leg